

## State-Mandated Health Insurance Benefits

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October 31, 2023 | 2023-R-0246

### Issue

This report lists and briefly describes Connecticut's mandated health insurance benefits for fully insured commercial health insurance policies or plans. It updates OLR Report [2022-R-0191](#). **This report has been updated by OLR Report [2024-R-0158](#) to reflect legislation enacted in 2024.**

### Summary

A mandated health insurance benefit is a state requirement that a fully insured commercial health insurance policy or plan cover a specified benefit or service.

In Connecticut, most mandates apply to both individual and group health insurance policies, including HMO plans. However, due to the federal Employee Retirement Income Security Act (ERISA), state benefit mandates generally do not apply to self-insured health plans.

Although the state employee health insurance plan is self-insured, in practice it incorporates all state mandated benefits and services.

### *Related OLR Reports*

OLR Report [2023-R-0139](#) identifies laws affecting insurance that were enacted in 2023.

OLR Report [2020-R-0214](#) explains federal preemption of state benefit mandates under ERISA.

OLR Report [2022-R-0100](#) provides a list of health care providers and facilities whose services health insurance policies and HMO contracts must cover under state law (i.e., provider and facility mandates).

In 2023, the legislature enacted or amended the following health insurance benefit mandates:

1. coverage for newborns ([PA 23-204](#), §§ 223 & 224) (effective January 1, 2024);
2. infertility diagnosis and treatment ([PA 23-127](#), §§ 11 & 12) (effective October 1, 2023);
3. in-home hospice services ([PA 23-174](#), §§ 3 & 4) (effective January 1, 2024); and

4. mental health wellness examinations ([PA 23-148](#)) (effective upon passage).

## Connecticut's Mandated Health Insurance Benefits

The below table lists and briefly describes Connecticut's mandated health insurance benefits in alphabetical order. It provides the statutory citation for each and indicates if the mandate generally applies to individual plans, group plans, or both. For full details of a mandated benefit, refer to the cited statute(s).

**Table 1: Connecticut's Mandated Health Insurance Benefits (as of January 1, 2024)\***

CGS §	Mandate	Individual, Group, or Both	Description
<a href="#">38a-498a</a> <a href="#">38a-525a</a>	9-1-1 Calls	Both	Cannot require prior authorization for 9-1-1 calls.
<a href="#">38a-492</a> <a href="#">38a-518</a>	Accidental Ingestion or Consumption of Controlled Drugs	Both	Emergency medical care for the accidental ingestion or consumption of controlled drugs. Coverage is subject to a minimum of 30 days inpatient care and a maximum \$500 for outpatient care per calendar year.
<a href="#">38a-533</a>	Alcoholism Complications	Group	Expenses incurred in connection with medical complications of alcoholism such as cirrhosis of the liver, gastrointestinal bleeding, pneumonia, and delirium tremens.
<a href="#">38a-498</a> <a href="#">38a-525</a>	Ambulance Services	Both	Medically necessary ambulance services. Payment must be on a direct pay basis where notice of assignment is reflected on the bill.
<a href="#">38a-488b</a> <a href="#">38a-514b</a>	Autism Spectrum Disorder	Both	Policies must cover the diagnosis and treatment of autism spectrum disorders, including (1) behavioral therapy for a person age 20 or younger and (2) certain prescription drugs and psychiatric and psychological services.
<a href="#">38a-490a</a> <a href="#">38a-516a</a>	Birth-to-Three Services	Both	Early intervention services provided as part of an individualized family service plan.  Policy cannot impose coinsurance, copayments, deductibles, or other out-of-pocket expenses, unless it is a high deductible health plan (HDHP).
<a href="#">38a-492o</a> <a href="#">38a-518o</a>	Bone Marrow Testing	Both	Policies must cover compatibility testing for bone marrow transplants for people who join the National Marrow Donor Program.  Policy cannot impose coinsurance, copayments, deductibles, or other out-of-pocket expenses in excess of 20%, unless a HDHP.

Table 1 (continued)

CGS §	Mandate	Individual, Group, or Both	Description
<a href="#">38a-503</a> <a href="#">38a-530</a>	Breast Cancer Screening and Related Services	Both	<p>Coverage for diagnostic and screening mammograms for insureds. This includes a baseline mammogram for an insured who is (1) age 35 to 39 or (2) under age 35 and at increased risk for breast cancer. It also includes an annual mammogram for an insured who is (1) age 40 or older or (2) under age 40 and at increased risk for breast cancer. (A mammogram may be provided by breast tomosynthesis at the insured's option.)</p> <p>Coverage for comprehensive diagnostic and screening ultrasounds of an insured's entire breast(s) if the insured has (1) heterogeneous or dense breast tissue or (2) an increased risk of breast cancer.</p> <p>Coverage for diagnostic and screening magnetic resonance imaging (MRI) of an insured's entire breast(s) in accordance with American Cancer Society guidelines for an insured who is (1) age 35 or older or (2) under age 35 and at increased risk for breast cancer.</p> <p>Coverage for breast biopsies, certain prophylactic mastectomies, and breast reconstructive surgery following a mastectomy.</p> <p>Policy cannot impose patient cost sharing (i.e., coinsurance, copayment, deductible, or other out-of-pocket expense) for these benefits. (This applies to a HDHP to the extent federal law permits.)</p>
<a href="#">38a-542</a>	Breast Implant Removal	Group	Medically necessary removal of breast implants implanted on or before July 1, 1994. Annual coverage must be at least \$1,000.
<a href="#">38a-504</a> <a href="#">38a-542</a>	Breast Reconstruction After Mastectomy	Both	Reconstructive surgery on non-diseased breast for symmetrical appearance. Coverage is subject to the same terms and conditions as other benefits under the policy.
<a href="#">38a-504a</a> – <a href="#">38a-504g</a> ; <a href="#">38a-542a</a> – <a href="#">38a-542g</a>	Cancer and Other Clinical Trials	Both	Routine patient costs relating to cancer clinical trials and disabling or life-threatening chronic diseases. Out-of-network hospitalization paid as in-network benefit if services are not available in network.

**Table 1 (continued)**

CGS §	Mandate	Individual, Group, or Both	Description
<a href="#">38a-497</a> <a href="#">38a-512b</a>	Children – Covered to Age 26	Both	Coverage continues at least until the policy anniversary date on or after the date the child (1) gets coverage under his or her employer's group health plan or (2) turns age 26.
<a href="#">38a-489</a> <a href="#">38a-515</a>	Children – Mentally or Physically Handicapped	Both	Coverage must continue beyond the dependent age if the child is both mentally or physically handicapped and dependent upon the insured for support.
<a href="#">38a-490*</a> <a href="#">38a-508</a> <a href="#">38a-516*</a> <a href="#">38a-549</a>  *Amended by <a href="#">PA 23-204</a> , §§ 223 & 224	Children – Newborns and Adopted	Both	<p>Injury and sickness, including care and treatment of congenital defects and birth abnormalities, for newborns from birth and for adopted children from legal placement for adoption.</p> <p>Newborns are covered for 91 days. Adopted children are covered for 31 days. To extend coverage, insureds must give notification and premium payment to the insurer.</p>
<a href="#">38a-497</a> <a href="#">38a-512b</a>	Children – Stepchildren	Both	Policies must cover stepchildren on the same basis as biological children.
<a href="#">38a-492f</a> <a href="#">38a-516d</a>	Children With Cancer – Neurological Testing	Both	Coverage for neuropsychological testing a physician orders to assess if chemotherapy or radiation treatment caused cognitive or developmental delays. Insurers cannot require pre-authorization for the tests.
<a href="#">38a-507</a> <a href="#">38a-534</a>	Chiropractic Services	Both	Cover chiropractor services to same extent as coverage for a physician.
<a href="#">38a-492k</a> <a href="#">38a-518k</a>	Colorectal Cancer Screening	Both	<p>Cover colorectal cancer screening in accordance with American Cancer Society recommendations.</p> <p>Cannot impose coinsurance, copayment, deductible, or other out-of-pocket expense for any additional colonoscopy a physician orders for an insured person in a policy year, excluding HDHPs.</p> <p>Cannot impose a deductible for a procedure initially undertaken as a screening colonoscopy or screening sigmoidoscopy.</p>

Table 1 (continued)

CGS §	Mandate	Individual, Group, or Both	Description
<a href="#">38a-503e</a> <a href="#">38a-530e</a>	Contraceptive Benefits, Sterilization and Related Services	Both	<p>Policies must cover FDA-approved contraceptive drugs, devices, and products; sterilization methods for women; routine follow-up care; and related counseling. Policies must cover a 12-month supply of an FDA-approved contraceptive drug, device, or product prescribed by a licensed physician, physician assistant, or advanced practice registered nurse. An employer or individual may decline coverage for contraceptive benefits and services if contrary to their bona fide religious tenets.</p> <p>Coverage must be provided in full, with no cost sharing, except policies may impose cost sharing when an out-of-network provider renders the benefits and services.</p>
<a href="#">38a-490c</a> <a href="#">38a-516c</a>	Craniofacial Disorders	Both	Medically necessary orthodontic processes and appliances for treatment of craniofacial disorders for people age 18 or younger. Coverage for cosmetic surgery is not required.
<a href="#">38a-491a</a> <a href="#">38a-517a</a>	Dental Coverage	Both	Medically necessary general anesthesia, nursing, and related hospital services for in-patient, outpatient, or one-day dental services.
<a href="#">38a-492d</a> <a href="#">38a-518d</a>	Diabetes	Both	<p>Treatment of all types of diabetes, including coverage for medically necessary laboratory and diagnostic testing and screening, insulin drugs, noninsulin drugs, diabetes devices, diabetes ketoacidosis devices, and certain emergency insulin and supplies.</p> <p>Cannot impose coinsurance, copays, deductibles, or out-of-pocket expenses that are more than the following: (1) \$25 for a 30-day supply of insulin or noninsulin drugs and (2) \$100 for a 30-day supply of diabetes devices or diabetes ketoacidosis devices (generally excludes HDHPs).</p> <p>(See Insurance Department Bulletin <a href="#">HC-129</a> (April 7, 2021) for discussion.)</p>
<a href="#">38a-492e</a> <a href="#">38a-518e</a>	Diabetes Self-Management Training	Both	Outpatient self-management training prescribed by a licensed health care professional. Coverage is subject to the same terms and conditions as other policy benefits.
<a href="#">38a-478r</a>	Emergency Medical Conditions	Both	Policies must cover medically necessary health care services for emergency medical conditions.

Table 1 (continued)

CGS §	Mandate	Individual, Group, or Both	Description
<a href="#">38a-477aa</a>	Emergency Services	Both	<p>Cannot require prior authorization for emergency services.</p> <p>Cannot impose a cost sharing level for out-of-network services that is greater than the in-network level.</p>
<a href="#">38a-492n</a> <a href="#">38a-518m</a>	Epidermolysis Bullosa	Both	Policies must cover wound care supplies that are medically necessary to treat epidermolysis bullosa (a rare skin disorder) and administered under a physician's direction.
<a href="#">38a-492q</a> <a href="#">38a-492r</a> <a href="#">38a-492s</a> <a href="#">38a-503f</a> <a href="#">38a-530f</a> <a href="#">38a-518q</a> <a href="#">38a-518r</a> <a href="#">38a-518s</a>	Essential Health Benefits and Preventive Health Services, Including Immunizations	Individual and Small Employer Group Plans	<p>Policies must cover the following 10 essential health benefits and cannot include annual or lifetime limits on their dollar value: ambulatory patient services, emergency services, hospitalization, maternity and newborn health care, mental health and substance use disorder services, prescription drugs, rehabilitative and habilitative services, laboratory services, preventive and wellness services, and pediatric services.</p> <p>Policies must also cover (1) specified preventive health care services, including evidence-based items and services recommended by the U.S. Preventive Services Task Force with an "A" or "B" rating, (2) immunizations recommended by specified sources, and (3) pediatric preventive care and screenings in accordance with the American Academy of Pediatrics recommendations.</p> <p>Coverage must be provided in full, with no cost sharing, except policies may impose cost sharing when an out-of-network provider renders the benefits and services.</p>
<a href="#">38a-483c</a> <a href="#">38a-513b</a>	Experimental Treatments	Both	Procedures, treatments, or drugs that have completed a Phase III Food and Drug Administration clinical trial.
<a href="#">38a-490b</a> <a href="#">38a-516b</a>	Hearing Aids	Both	Coverage for hearing aids. Coverage may be limited to one hearing aid per ear within a 24-month period.
<a href="#">38a-493</a> <a href="#">38a-520</a>	Home Health Care	Both	Home health care, including (1) part-time or intermittent nursing care and home health aide services; (2) physical, occupational, or speech therapy; (3) medical supplies, drugs, and medicines; and (4) medical social services.

Table 1 (continued)

CGS §	Mandate	Individual, Group, or Both	Description
			Coverage can be limited to no less than 80 visits per year and, for a terminally ill person, no more than \$200 for medical social services. Coverage can be subject to an annual deductible of up to \$50 and a coinsurance provision covering at least 75%, excluding HDHPs.
<a href="#">38a-492a</a> <a href="#">38a-518a</a>	Hypodermic Needles and Syringes	Both	Hypodermic needles and syringes prescribed by a practitioner for administering medications.
<a href="#">38a-511</a> <a href="#">38a-550</a>	Imaging Services (MRIs, CAT Scans, and PET Scans) – Copays	Both	Limits copays for MRIs and CAT scans to (1) \$375 for all such services annually and (2) \$75 for each one. Limits copays for PET scans to (1) \$400 for all such scans annually and (2) \$100 for each one. Limits not applicable (1) if the ordering physician performs the service or is in the same practice group as the one who does and (2) to HDHPs.
<a href="#">38a-492r</a> <a href="#">38a-518r</a>	Immunization Consultations	Both	Policies covering prescription drugs must cover at least a 20-minute immunization consultation between a patient and a provider authorized to administer immunizations. Coverage applies for immunizations recommended by the CDC's Advisory Committee on Immunization Practices for the patient.
<a href="#">38a-509</a> <a href="#">38a-536</a>  Amended by <a href="#">PA 23-127</a> , §§ 11 & 12	Infertility	Both	Medically necessary costs of diagnosing and treating infertility. Cannot discriminate on the basis of gender identity or expression, sexual orientation, or age.
<a href="#">PA 23-174</a> , §§ 3 & 4	In-home Hospice Services	Both	Policies must cover in-home hospice services provided by a DPH-licensed hospice home care agency to the same extent they cover hospital in-patient hospice services and subject to the same terms and conditions that apply to other policy benefits. Cannot exclude coverage for a hospice service solely because it is provided in the home and not at a hospital, as long as the service is appropriate for the insured.
<a href="#">38a-498c</a> <a href="#">38a-525c</a>	Injured and Under the Influence	Both	Policies are prohibited from denying coverage for health care services if the injury is alleged to have occurred or occurs when the person has an elevated blood alcohol level (0.08% or more) or is under the influence of drugs or alcohol.
<a href="#">38a-490d</a> <a href="#">38a-535</a>	Lead Screening	Both	Coverage for blood lead screening and risk assessments ordered by primary care providers in accordance with the law.



**Table 1 (continued)**

CGS §	Mandate	Individual, Group, or Both	Description
<a href="#">38a-501</a>	Long-Term Care Policy – Elimination Period	Individual	Requires an elimination period (i.e., a waiting period after the onset of the injury, illness, or function loss during which no benefits are payable) that is (1) up to 100 days of confinement or (2) between 100 days and two years of confinement if an irrevocable trust is in place sufficient to cover the person's confinement costs during this period. Establishes trust requirements.
<a href="#">38a-501</a>	Long-Term Care Policy – Non-Forfeiture	Individual	Prohibits an insurer from issuing or delivering a long-term care policy on or after July 1, 2008, unless it offers the prospective insured an optional non-forfeiture benefit. If the non-forfeiture option is declined, the insurer must give the insured a contingent benefit upon lapse.
<a href="#">38a-492h</a> <a href="#">38a-518h</a>	Lyme Disease Treatment	Both	Lyme disease treatment including not less than 30 days of intravenous antibiotic therapy, 60 days of oral antibiotic therapy, or both, and further treatment if recommended by a rheumatologist, infectious disease specialist, or neurologist.
<a href="#">38a-503d</a> <a href="#">38a-530d</a>	Mastectomy	Both	Minimum 48-hour hospital stay after mastectomy or lymph node dissection or longer stay if recommended by physician.
<a href="#">38a-503c</a> <a href="#">38a-530c</a>	Maternity Care	Both	Minimum 48-hour hospital stay for mother and newborn after vaginal delivery and minimum 96-hour hospital stay after caesarian delivery. If discharged earlier, policy must cover certain follow up care.
<a href="#">38a-488g</a> <a href="#">38a-514g</a>	Mental Health – Acute Inpatient Psychiatric Services	Both	Cannot require prior authorization for acute inpatient psychiatric services provided (1) after an emergency department admission, (2) at a Department of Children and Families (DCF)-licensed urgent crisis center, or (3) by referral from a treating provider if the insured poses an imminent danger to self or others.
<a href="#">38a-488f</a> <a href="#">38a-514f</a>	Mental Health – Collaborative Care Model Services	Both	Coverage for health care services a primary care provider provides to an insured under the Collaborative Care Model (i.e., an integrated delivery of behavioral health and primary care services by a primary care team).
<a href="#">38a-477aa</a>	Mental Health – Urgent Crisis Center Services	Both	Cannot require prior authorization for pediatric mental and behavioral health services provided at DCF-licensed urgent crisis centers.  Cannot impose a cost sharing level for out-of-network services that is greater than the in-network level.



Table 1 (continued)

CGS §	Mandate	Individual, Group, or Both	Description
<a href="#">38a-488c</a> <a href="#">38a-514c</a>	Mental Health and Substance Use Disorders	Both	Policies cannot apply non-quantitative treatment limitations (i.e., non-numeric limits on the scope or duration of coverage, such as prior authorization requirements) to mental health and substance use disorder benefits unless they apply the limitations comparably to, and not more stringently than, how it applies them to medical and surgical benefits.
<a href="#">38a-488e</a> <a href="#">38a-514e</a>  Amended by <a href="#">PA 23-148</a>	Mental Health Wellness Exams	Both	Coverage for two mental health wellness exams per year, conducted by a licensed mental health professional. Policies cannot impose patient cost sharing or prior authorization requirements.
<a href="#">38a-488a</a> <a href="#">38a-514</a>	Mental or Nervous Conditions	Both	Coverage for the diagnosis and treatment of mental or nervous conditions. (Minimum benefits specified in statute.) Coverage cannot (1) differ from the terms, conditions, or benefits for the diagnosis or treatment of medical, surgical, or other physical health conditions or (2) prohibit multiple screening services as part of a single day visit to a provider or multi-care institution.
<a href="#">38a-498b</a> <a href="#">38a-525b</a>	Mobile Field Hospitals	Both	Benefits for isolation care and emergency services provided by mobile field hospitals, previously called critical access hospitals. These benefits are subject to any policy provisions that apply to other covered services. The rates a policy pays must be equal to the rates Medicaid pays, as determined by the Department of Social Services.
<a href="#">38a-503c(e)</a> <a href="#">38a-530c(e)</a>	Newborn Infants and Their Mothers	Both	Cannot require preauthorization for an inter-hospital transfer of (1) a newborn infant with a life-threatening emergency or condition or (2) the infant's hospitalized mother to accompany him or her.
<a href="#">38a-503b</a> <a href="#">38a-530b</a>	Obstetrician – Gynecologist; Pap Smear	Both	Direct access to participating in-network OB-GYN for gynecological examination, pregnancy care, and primary and preventive obstetric and gynecologic services required as result of a gynecological examination or condition (includes pap smear). Female enrollees may also designate participating OB-GYN or other doctor as primary care provider.
<a href="#">38a-496</a> <a href="#">38a-524</a>	Occupational Therapy	Both	If policy covers physical therapy, it must provide coverage for occupational therapy.
<a href="#">38a-511a</a> <a href="#">38a-550a</a>	Occupational Therapy Services – Copays	Both	A policy cannot impose a copayment of more than \$30 per visit for in-network occupational therapy services performed by a state-licensed occupational therapist.

Table 1 (continued)

CGS §	Mandate	Individual, Group, or Both	Description
<a href="#">38a-492b</a> <a href="#">38a-518b</a>	Off-Label Prescription Drugs	Both	If a prescription drug is recognized for treatment of a specific type of cancer or disabling or life threatening chronic disease, a policy cannot exclude coverage of the drug when it is used for another type of cancer or disease under certain circumstances.
<a href="#">38a-504(d)</a> <a href="#">38a-542(d)</a>	Oral Chemotherapy	Both	Policies that cover intravenously and orally administered anti-cancer medications must cover the orally administered medication on at least as favorable a basis as the intravenously administered medication.
<a href="#">38a-492j</a> <a href="#">38a-518j</a>	Ostomy Appliances and Supplies	Both	If policy covers ostomy surgery, it must also cover medically necessary ostomy-related appliances and supplies, up to \$2,500 per year.
<a href="#">38a-503g</a> <a href="#">38a-530g</a>	Ovarian Cancer Screening and Related Services	Both	Coverage for (1) genetic testing for insureds with a family history of breast or ovarian cancer; (2) routine screening for ovarian cancer, including office visit, and annual surveillance tests for insureds at risk; (3) CA-125 monitoring of ovarian cancer following treatment; and (4) genetic testing of BRCA1, BRCA2, and other gene variants that increase risk of gynecological cancer when recommended by a healthcare provider.  Policies cannot impose patient cost sharing (i.e., coinsurance, copayment, deductible, or other out-of-pocket expense) for these benefits. (This applies to a HDHP to the extent federal law permits.)
<a href="#">38a-492i</a> <a href="#">38a-518i</a>	Pain Management	Both	Access to a pain management specialist and coverage for pain treatment ordered by the specialist.  Cannot require an insured person to use an alternative brand name prescription or over-the-counter drug before using a brand name prescription drug prescribed by a licensed physician for pain management.
<a href="#">38a-511a</a> <a href="#">38a-550a</a>	Physical Therapy Services – Copays	Both	A policy cannot impose a copayment of more than \$30 per visit for in-network physical therapy services performed by a state-licensed physical therapist.
<a href="#">38a-476</a>	Preexisting Condition Coverage	Both	May not impose preexisting condition provision on any person.
<a href="#">38a-492f</a> <a href="#">38a-518f</a>	Prescription Drugs Removed From Formulary	Both	Coverage for a prescription drug that has been removed from the list of covered drugs must be continued if the insured was previously using the drug for the treatment of a chronic illness and it is deemed medically necessary. (Also see <a href="#">CGS § 38a-477jj</a> .)

Table 1 (continued)

CGS §	Mandate	Individual, Group, or Both	Description
<a href="#">38a-492m</a> <a href="#">38a-518l</a>	Prescription Eye Drops	Both	Policies that provide prescription eye drop coverage cannot deny coverage for prescription renewals when (1) the refill is requested by the insured person less than 30 days from either (a) the date the original prescription was given to the insured or (b) the last date the prescription refill was given to the insured, whichever is later, and (2) the prescribing physician notes that additional quantities are needed and the refill request does not exceed this amount.
<a href="#">38a-510b</a> <a href="#">38a-544b</a>	Prescription Opioid Antagonists	Both	Cannot require preauthorization for naloxone hydrochloride or any other similarly acting and equally safe drug (i.e., opioid antagonist) approved by the federal Food and Drug Administration for the treatment of drug overdose.
<a href="#">38a-510a</a> <a href="#">38a-544a</a>	Prescription Refills Synchronized	Both	Cannot deny coverage for refilling any drug prescribed to treat a chronic illness if the refill is made in accordance with a plan to synchronize the refilling of multiple prescriptions.
<a href="#">38a-535</a>	Preventive Pediatric Care	Group	Preventive pediatric care at the following intervals (1) every 2 months from birth to 6 months, (2) every 3 months from 9 to 18 months, and (3) annually from 2 to 6 years of age. Coverage is subject to any policy provisions that apply to other services covered under the policy.
<a href="#">38a-492g</a> <a href="#">38a-518g</a>	Prostate Cancer Screening and Treatment	Both	Laboratory and diagnostic tests to screen for prostate cancer for men who are symptomatic, have a family history, or are over age 50.  Policy must cover medically necessary prostate cancer treatment in accordance with National Comprehensive Cancer Network, American Cancer Society, or American Society of Clinical Oncology guidelines.
<a href="#">38a-492t</a> <a href="#">38a-518t</a>	Prosthetic Devices	Both	Policies must cover prosthetic devices, and medically necessary repairs and replacements to them, subject to specified conditions. Coverage must be at least equivalent to the coverage Medicare provides for such devices.

Table 1 (continued)

CGS §	Mandate	Individual, Group, or Both	Description
<a href="#">38a-492c</a> <a href="#">38a-518c</a>	Protein Modified Food and Specialized Formula	Both	Coverage for (1) amino acid modified and low protein modified food products when prescribed for the treatment of inherited metabolic diseases and cystic fibrosis and (2) medically necessary specialized formula for children up to age 12. Food and formula must be administered under the direction of a physician. Coverage for preparations, food products, and formulas must be on the same basis as coverage for outpatient prescription drugs.
<a href="#">38a-476b</a>	Psychotropic Drugs	Both	A mental health care benefit provided under state law, with state funds, or to state employees may not limit the availability of the most effective psychotropic drugs in the supply the provider deems clinically appropriate.
<a href="#">38a-477hh</a>	Pulse Oximeter Readings	Both	Cannot deny coverage for an otherwise covered benefit if the denial is exclusively based on the insured's blood oxygen level as measured by a pulse oximeter.
<a href="#">38a-523</a>	Rehabilitation Services	Group	Insurers providing group health insurance must offer coverage for comprehensive rehabilitation services, including (1) physician services, physical and occupational therapy, nursing care, psychological and audiological services, and speech therapy; (2) social services provided by a social worker; (3) respiratory therapy; (4) prescription drugs and medicines; (5) prosthetic and orthotic devices; and (6) other prescribed supplies and services.
<a href="#">38a-488d</a> <a href="#">38a-514d</a>	Substance Abuse Services – Court Ordered	Both	Cannot deny covered substance abuse services solely because they are court ordered.
<a href="#">38a-492p</a> <a href="#">38a-518p</a>	Substance Use Disorder – Inpatient Detoxification Services	Both	For insureds or enrollees diagnosed with a substance use disorder, policies must cover medically necessary (1) medically monitored inpatient detoxification services and (2) medically managed intensive inpatient detoxification services.
<a href="#">38a-499a</a> <a href="#">38a-526a</a>  Amended by <a href="#">PA 22-81</a> , §§ 39-40 (effective July 1, 2024)	Telehealth Services	Both	Policies must cover medical advice, diagnosis, care, or treatment provided through telehealth to the extent that they cover these services through in-person visits between an insured person and a Connecticut-licensed health care provider.

Table 1 (continued)

CGS §	Mandate	Individual, Group, or Both	Description
<a href="#">PA 21-9</a> , §§ 3-5  Amended by <a href="#">PA 22-81</a> , §§ 35-37	Telehealth Services	Both	<p>Effective until June 30, 2024, policies must cover services provided through telehealth to the extent that they cover them through in person visits.</p> <p>Carriers cannot (1) exclude coverage for a telehealth platform selected by an in-network provider or (2) reduce reimbursement to a provider because services are provided through telehealth instead of in person.</p>
<a href="#">38a-504(a)&amp;(b)</a> <a href="#">38a-542(a)&amp;(b)</a>	Tumors and Leukemia and Wigs for Chemotherapy Patients	Both	<p>Surgical removal of tumors and treatment of leukemia, including outpatient chemotherapy, reconstructive surgery, non-dental prosthesis, surgical removal of breasts due to tumors, and a wig if prescribed by a licensed oncologist for a patient suffering hair loss from chemotherapy.</p> <p>Annual coverage must be at least \$500 for surgical tumor removal, \$500 for reconstructive surgery, \$500 for outpatient chemotherapy, \$350 for a wig, and \$300 for prosthesis, except for surgical removal of breasts due to tumors, the prosthesis benefit must be at least \$300 for each breast removed.</p>

\* Notes:

1. Some mandates require that services be “medically necessary.” State law specifies the definition of “medically necessary” that policies must include (see [CGS §§ 38a-482a](#) and [38a-513c](#)).
2. Section 2711 of the ACA prohibits annual dollar limits on essential health benefits. The prohibition preempts Connecticut’s statutory annual dollar limits for any mandated benefit that is part of Connecticut’s essential health benefit package. For more information, see the Connecticut Insurance Department’s Bulletins [HC-90-14-2](#) (March 18, 2014) and [HC-99](#) (August 20, 2014).

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