# **House of Representatives**



General Assembly

File No. 122

January Session, 2025

Substitute House Bill No. 7081

House of Representatives, March 18, 2025

The Committee on Public Health reported through REP. MCCARTHY VAHEY of the 133rd Dist., Chairperson of the Committee on the part of the House, that the substitute bill ought to pass.

## AN ACT CONCERNING LICENSURE PORTABILITY FOR MARRIAGE AND FAMILY THERAPISTS.

Be it enacted by the Senate and House of Representatives in General Assembly convened:

- Section 1. Section 20-195c of the general statutes is repealed and the
   following is substituted in lieu thereof (*Effective October 1, 2025*):
- 3 (a) Each applicant for licensure as a marital and family therapist shall 4 present to the department satisfactory evidence that such applicant has: 5 (1) Completed a graduate degree program specializing in marital and 6 family therapy offered by a regionally accredited college or university 7 or an accredited postgraduate clinical training program accredited by 8 the Commission on Accreditation for Marriage and Family Therapy 9 Education offered by a regionally accredited institution of higher 10 education; (2) completed a supervised practicum or internship with 11 emphasis in marital and family therapy supervised by the program 12 granting the requisite degree or by an accredited postgraduate clinical 13 training program accredited by the Commission on Accreditation for

Marriage and Family Therapy Education and offered by a regionally 14 15 accredited institution of higher education; (3) completed twenty-four 16 months of relevant postgraduate experience, including (A) a minimum 17 of one thousand hours of direct client contact offering marital and 18 family therapy services subsequent to being awarded a master's degree 19 or doctorate or subsequent to the training year specified in subdivision 20 (2) of this subsection, and (B) one hundred hours of postgraduate 21 clinical supervision provided by a licensed marital and family therapist; 22 and (4) passed an examination prescribed by the department. The fee 23 shall be two hundred dollars for each initial application.

24 (b) Each applicant for licensure as a marital and family therapist 25 associate shall present to the department satisfactory evidence that such 26 applicant has completed a graduate degree program specializing in 27 marital and family therapy offered by a regionally accredited institution 28 of higher education or an accredited postgraduate clinical training 29 program accredited by the Commission on Accreditation for Marriage 30 and Family Therapy Education and offered by a regionally accredited 31 institution of higher education. The fee shall be one hundred twenty-32 five dollars for each initial application.

33 (c) The department may grant licensure without examination, subject 34 to payment of fees with respect to the initial application, to any 35 applicant who is currently licensed or certified as (1) a marital or 36 marriage and family therapist in another state, territory or 37 commonwealth of the United States, or (2) a marital and family therapist 38 associate in another state, territory or commonwealth of the United 39 States, provided [such] the state, territory or commonwealth where such 40 marital and family therapist associate is currently licensed or certified 41 maintains licensure or certification standards which, in the opinion of 42 the department, are equivalent to or higher than the standards of this 43 state. No license shall be issued under this section to any applicant 44 against whom professional disciplinary action is pending or who is the 45 subject of an unresolved complaint.

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(d) (1) A license issued to a marital and family therapist issued under

47 this section may be renewed annually in accordance with the provisions 48 of section 19a-88. The fee for such renewal shall be two hundred dollars. 49 Each licensed marital and family therapist applying for license renewal 50 shall furnish evidence satisfactory to the commissioner of having 51 participated in continuing education programs. The commissioner shall 52 adopt regulations, in accordance with chapter 54, to (A) define basic 53 requirements for continuing education programs, which shall include 54 not less than one contact hour of training or education each registration 55 period on the topic of cultural competency and, on and after January 1, 56 2016, not less than two contact hours of training or education during the 57 first renewal period in which continuing education is required and not 58 less than once every six years thereafter on the topic of mental health 59 conditions common to veterans and family members of veterans, 60 including (i) determining whether a patient is a veteran or family 61 member of a veteran, (ii) screening for conditions such as post-traumatic 62 stress disorder, risk of suicide, depression and grief, and (iii) suicide 63 prevention training, (B) delineate qualifying programs, (C) establish a 64 system of control and reporting, and (D) provide for waiver of the 65 continuing education requirement for good cause.

66 (2) A license issued to a marital and family therapist associate (A) 67 prior to July 1, 2023 shall expire on or before twenty-four months after 68 the date on which such license was issued, and [,] (B) on or after July 1, 69 2023 shall expire on or before twelve months after the date on which 70 such license was issued. Such license may be renewed not more than 71 two times if issued prior to July 1, 2023, and not more than three times 72 if issued on or after July 1, 2023, for twelve months in accordance with 73 the provisions of section 19a-88. The fee for such renewal shall be one 74 hundred twenty-five dollars. Each licensed marital and family therapist 75 associate applying for license renewal shall furnish evidence 76 satisfactory to the commissioner of having satisfied the continuing 77 education requirements prescribed in subdivision (1) of this subsection.

[(e) Notwithstanding the provisions of this section, an applicant who
is currently licensed or certified as a marital or marriage and family
therapist in another state, territory or commonwealth of the United

States that does not maintain standards for licensure or certification that are equivalent to or higher than the standards in this state may substitute three years of licensed or certified work experience in the practice of marital and family therapy, as defined in section 20-195a, in lieu of the requirements of subdivisions (2) and (3) of subsection (a) of this section.]

87 [(f)] (e) Notwithstanding the provisions of this section, a person who 88 is a graduate of a graduate degree program or a postgraduate clinical 89 training program described in subdivision (1) of subsection (b) of this 90 section may practice marital and family therapy for a period not greater 91 than one hundred twenty calendar days after the date such person 92 completed such program, provided such person works under the 93 clinical supervision of a licensed marital family therapist.

This act shall take effect as follows and shall amend the following sections:				
Section 1	October 1, 2025	20-195c		

PH Joint Favorable Subst.

The following Fiscal Impact Statement and Bill Analysis are prepared for the benefit of the members of the General Assembly, solely for purposes of information, summarization and explanation and do not represent the intent of the General Assembly or either chamber thereof for any purpose. In general, fiscal impacts are based upon a variety of informational sources, including the analyst's professional knowledge. Whenever applicable, agency data is consulted as part of the analysis, however final products do not necessarily reflect an assessment from any specific department.

### **OFA Fiscal Note**

#### State Impact:

Agency Affected	Fund-Effect	FY 26 \$	FY 27 \$
Public Health, Dept.	GF - Potential	Minimal	Minimal
	Revenue Gain		

Note: GF=General Fund

### Municipal Impact: None

### Explanation

The bill allows all marriage and family therapists licensed in other states who apply for Department of Public Health licensure to be exempted from the examination requirement. This results in a potential minimal General Fund revenue gain to the extent that more individuals choose to apply for marriage and family therapist licensure than would have before this change. The fee for marriage and family therapist licensure is \$200.

## OLR Bill Analysis

sHB 7081

## AN ACT CONCERNING LICENSURE PORTABILITY FOR MARRIAGE AND FAMILY THERAPISTS.

## SUMMARY

This bill generally allows the Department of Public Health (DPH) to grant a license, without examination, to marital and family therapists (MFTs) licensed or certified in other U.S. states, territories, or commonwealths. Under current law, (1) DPH may do so only if the other jurisdiction's licensure standards are equivalent to or higher than Connecticut's (see BACKGROUND), and (2) for jurisdictions whose standards do not meet that threshold, applicants may substitute three years of work experience for the supervised practicum or internship and postgraduate experience generally required for licensure here. (Under the bill, the condition in (1) above continues to apply to MFT associates seeking licensure without examination.)

As under current law, (1) these MFT licensure applicants must pay the same initial application fee (\$200) as other applicants and (2) for DPH to grant a license under these circumstances, there must be no pending disciplinary actions or unresolved complaints against the applicant.

EFFECTIVE DATE: October 1, 2025

## BACKGROUND

## MFT Licensure Criteria

By law, to get an MFT license in this state, applicants generally must:

1. complete a graduate degree program specializing in marital and family therapy, or postgraduate clinical training program, that meets certain accreditation requirements;

- 2. complete a supervised practicum or internship with emphasis in marital and family therapy supervised by their degree program or by an accredited postgraduate clinical program;
- complete 24 months of relevant postgraduate experience, including (a) 1,000 hours of direct client contact meeting certain criteria and (b) 100 hours of postgraduate clinical supervision by a licensed MFT; and
- 4. pass a DPH-prescribed examination.

## **COMMITTEE ACTION**

Public Health Committee

Joint Favorable Substitute Yea 32 Nay 0 (03/05/2025)