



General Assembly

***Substitute Bill No. 7158***

*January Session, 2025*



***AN ACT CONCERNING SAFETY PLANS AND DISCHARGE PLANS  
FOR MINOR PATIENTS.***

Be it enacted by the Senate and House of Representatives in General Assembly convened:

- 1       Section 1. (NEW) (*Effective July 1, 2025*) (a) As used in this section:
- 2       (1) "Health care provider" means any person, corporation, limited  
3       liability company, facility or institution operated, owned or licensed by  
4       this state to provide health care or professional medical services;
- 5       (2) "Legally authorized representative" means a minor patient's  
6       parent, guardian appointed by the Probate Court or a health care  
7       representative appointed in accordance with sections 19a-576 and 19a-  
8       577 of the general statutes; and
- 9       (3) "Safety plan" means a written document created collaboratively  
10      between a health care provider and a patient outlining coping strategies,  
11      activities and support networks the patient can access to prevent or  
12      manage a potential mental health crisis.
- 13      (b) Each health care provider that prepares a safety plan for a minor  
14      patient shall (1) review such safety plan with the minor patient, and (2)  
15      securely transmit such safety plan to the minor patient's school's school  
16      nurse or nurse practitioner appointed pursuant to section 10-212 of the  
17      general statutes in a form and manner that complies with the Health

18 Insurance Portability and Accountability Act of 1996, P.L. 104-191, as  
19 amended from time to time, and 45 CFR 160.101 to 45 CFR 164.534,  
20 inclusive, as amended from time to time, provided (A) the health care  
21 provider obtains written consent from the minor patient's parent or  
22 legally authorized representative, or, if the minor patient is sixteen years  
23 of age or older, the written consent of such minor patient, and (B) such  
24 school nurse or nurse practitioner has provided contact information to  
25 such health care provider for the purpose of receiving minor safety  
26 plans pursuant to section 2 of this act.

27 (c) Each health care provider that provides inpatient behavioral  
28 health care treatment to a minor patient for a period longer than  
29 fourteen consecutive days shall develop a discharge plan for such minor  
30 patient as soon as such minor patient begins to show improvement, as  
31 determined by such health care provider. Such discharge plan shall be  
32 developed in consultation with (1) the minor patient, (2) the minor  
33 patient's parent or legally authorized representative, and (3) provided  
34 the health care provider obtains written consent from the minor  
35 patient's parent or legally authorized representative, or, if the minor  
36 patient is sixteen years of age or older, the written consent of such minor  
37 patient, (A) a representative of the minor patient's school, including, but  
38 not limited to, a school nurse or nurse practitioner appointed pursuant  
39 to section 10-212 of the general statutes, school counselor, school social  
40 worker or school administrator, and (B) any health care provider to  
41 whom the minor patient will be referred upon discharge.

42 Sec. 2. (NEW) (*Effective from passage*) The Commissioner of Education,  
43 in conjunction with the Commissioner of Public Health, shall develop a  
44 list of hospitals and other health care providers in the state that provide  
45 inpatient behavioral health care services. The Department of Education  
46 shall make such list available to school nurses and nurse practitioners  
47 appointed pursuant to section 10-212 of the general statutes. Not later  
48 than August 1, 2025, such school nurses and nurse practitioners shall  
49 provide school contact information, including, but not limited to, a  
50 telephone number, electronic mail address and mailing address, to each  
51 hospital and health care provider on such list for the purpose of

52 receiving secure transmissions of safety plans pursuant to the  
53 provisions of section 1 of this act.

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| This act shall take effect as follows and shall amend the following sections: |                     |             |
| Section 1   | <i>July 1, 2025</i> | New section |
| Sec. 2  | <i>from passage</i> | New section |

**PH**      *Joint Favorable Subst.*