

General Assembly

January Session, 2025

Raised Bill No. 7214

LCO No. **6212**

Referred to Committee on PUBLIC HEALTH

Introduced by: (PH)

AN ACT CONCERNING MATERNAL HEALTH.

Be it enacted by the Senate and House of Representatives in General Assembly convened:

Section 1. (*Effective from passage*) (a) There is established a perinatal mental health task force to study and make recommendations regarding the improvement of perinatal mental health care services in the state. Such study shall include, but need not be limited to, an examination of the following:

6 (1) Populations vulnerable to and risk factors associated with 7 perinatal mood and anxiety disorders;

8 (2) Evidence-based and promising treatment practices for persons at 9 risk of perinatal mood and anxiety disorders, including, but not limited 10 to, treatment practices involving peer support specialists and 11 community health workers, that promote (A) access to perinatal mood 12 and anxiety disorder screening, diagnosis, intervention, treatment, 13 recovery and prevention, and (B) improved care coordination, systems 14 navigation and case management services that address and eliminate 15 barriers to perinatal mood and anxiety disorder treatment;

16 (3) Evidence-informed practices that are culturally congruent and 17 accessible that promote the elimination of racial and ethnic disparities 18 in the prevention, screening, diagnosis and treatment of and the 19 recovery from perinatal mood and anxiety disorders;

(4) National and global models that successfully promote access to
perinatal mood and anxiety disorder screening, diagnosis, treatment,
recovery and prevention for pregnant or postpartum persons and
nonbirthing partners;

(5) Community-based or multigenerational practices that supportpeople affected by perinatal mood and anxiety disorders;

(6) Successful workforce development initiatives that have
successfully promoted the hiring, training and retention of perinatal
mental health care providers, including, but not limited to, initiatives
that have focused on maximizing nontraditional mental health
supports, including, but not limited to, peer support and community
health services;

32 (7) Models for private and public funding of perinatal mental health33 care initiatives; and

34 (8) An analysis of (A) available perinatal mental health care 35 programs, treatments and services, (B) notable innovations in perinatal 36 mental health care treatment, and (C) gaps in the provision and 37 coordination of perinatal mental health care services that affect the 38 diverse perinatal experiences of unique populations, including, but not limited to, black birthing people, pregnant and postpartum people of 39 40 color, perinatal immigrant populations, adolescents who are pregnant 41 and parenting, LGBTQIA+ birthing people, child welfare-involved 42 birthing people, disabled, justice-involved, incarcerated and homeless 43 birthing people and their nonbirthing partners.

44 (b) The task force shall consist of the following members:

(1) Two appointed by the speaker of the House of Representatives,
each of whom shall be (A) a person with current or past perinatal mood
and anxiety disorders, (B) a caregiver or partner of a person with current
or past perinatal mood and anxiety disorders, or (C) an advocate with
expertise in perinatal mental health care in the state and who has
received perinatal mood and anxiety disorder treatment;

51 (2) Two appointed by the president pro tempore of the Senate, one of 52 whom shall represent a managed care organization in the state, and one 53 of whom shall be a registered nurse with expertise in providing 54 perinatal mental health care services in the state;

(3) Two appointed by the majority leader of the House of Representatives, one of whom shall be a pediatrician, licensed pursuant to chapter 370 of the general statutes, with expertise in providing perinatal mental health care services in the state, and one of whom shall be an obstetrician, licensed pursuant to chapter 370 of the general statutes, with expertise in providing perinatal mental health care services in the state;

(4) Two appointed by the majority leader of the Senate, one of whom
shall be a psychologist, licensed pursuant to chapter 383 of the general
statutes, and one of whom shall be a psychiatrist, licensed pursuant to
chapter 370 of the general statutes, that provide perinatal mental health
care services;

67 (5) Two appointed by the minority leader of the House of 68 Representatives, one of whom shall be a clinical social worker, licensed 69 pursuant to chapter 383b of the general statutes, who specializes in 70 treating perinatal mood and anxiety disorders and who has completed 71 Postpartum Support International's Components of Care training 72 program, and one of whom shall be a certified doula, as defined in 73 section 20-86aa of the general statutes;

(6) Two appointed by the minority leader of the Senate, one of whomshall be a nurse-midwife licensed pursuant to chapter 377 of the general

statutes, and one of whom shall represent a home visiting program inthe state;

78 (7) The Commissioner of Children and Families, or the79 commissioner's designee;

80 (8) The Commissioner of Public Health, or the commissioner's81 designee; and

(9) Two persons appointed by the Governor, one of whom shall be a representative of an organization that seeks to increase support and provide resources for women and their families during pregnancy and the postpartum period, increase awareness of the mental health challenges related to childbearing and parenting and provide perinatal mental training for childbirth professionals, and one of whom shall be an international board certified lactation consultant.

(c) Any member of the task force appointed under subdivision (1),
(2), (3), (4), (5) or (6) of subsection (b) of this section may be a member
of the General Assembly.

(d) All initial appointments to the task force shall be made not later
than thirty days after the effective date of this section. Any vacancy shall
be filled by the appointing authority.

(e) The speaker of the House of Representatives and the president pro
tempore of the Senate shall select the chairpersons of the task force from
among the members of the task force. Such chairpersons shall schedule
the first meeting of the task force, which shall be held not later than sixty
days after the effective date of this section.

(f) The administrative staff of the joint standing committee of the
General Assembly having cognizance of matters relating to public
health shall serve as administrative staff of the task force.

(g) Not later than October 1, 2026, the task force shall submit a reporton its findings and recommendations to the joint standing committee of

the General Assembly having cognizance of matters relating to public
health, in accordance with the provisions of section 11-4a of the general
statutes. The task force shall terminate on the date that it submits such
report or October 1, 2026, whichever is later.

109 Sec. 2. (NEW) (Effective October 1, 2025) (a) The Commissioner of 110 Public Health shall establish an annual maternity care report card for 111 birth centers, licensed pursuant to section 19a-566 of the general 112 statutes, and hospitals, licensed pursuant to chapter 368v of the general 113 statutes, that provide obstetric care that will evaluate maternity care 114 provided at such birth centers and hospitals. The commissioner shall 115 identify and collect any data necessary to complete such report card. 116 Such report card shall include, but need not be limited to, quantitative 117 metrics, qualitative measures based on patient-reported experiences 118 and an equity score and grade for each birth center and hospital 119 disaggregated by race, ethnicity and income level. The commissioner 120 shall adjust report card scores based on the acuity level of obstetric 121 patients served by each birth center and hospital to ensure fair 122 comparisons between facilities. The commissioner shall post the report 123 card not later than January 1, 2027, and annually thereafter, on the 124 Department of Public Health's Internet web site. The commissioner shall 125 revise the report card criteria at least once every three years and consult 126 experts regarding the revision of any such criteria.

127 (b) The commissioner shall establish an advisory committee to 128 establish quantitative metrics, qualitative measures and a grading 129 methodology for the report card. Such grading methodology shall 130 reflect disparities in obstetric care and outcomes across patient 131 demographics. After the posting of each report card, such advisory 132 committee shall conduct a critical analysis of the report card's data and 133 develop and issue recommendations to birth centers and hospitals to 134 improve maternal health outcomes and report card performance.

Sec. 3. (*Effective from passage*) (a) The Commissioner of Public Healthshall convene an advisory committee to conduct a study to evaluate the

137 benefits and challenges of making hospitals more doula-friendly and 138 develop legislative recommendations to make hospitals more doula-139 friendly. The advisory committee shall include representatives of the 140 Department of Public Health, hospital administrators, practicing 141 doulas, including, but not limited to, community-based doulas, 142 maternal health advocates, obstetricians, midwives, Medicaid and 143 insurance policy experts and representatives from communities 144 disproportionately affected by lack of doula support. Such study shall 145 include, but need not be limited to, (1) an assessment of existing hospital 146 policies regarding doula access and the impact of doulas on birth 147 outcomes, (2) identification of systemic, financial and institutional 148 challenges that prevent doulas from being fully incorporated into 149 hospital maternity care, (3) an examination of successful doula-friendly 150 hospital policies implemented in other jurisdictions, (4) data analysis on 151 how doula support affects maternal mortality, caesarean section rates, 152 patient satisfaction and birth equity, (5) an examination of financial 153 models for reimbursement for doula services, including, but not limited 154 to, Medicaid and private insurance, and (6) consultations with (A)155 hospitals, obstetric providers and doulas on collaboration and 156 implementation challenges relating to doula support in obstetric care, 157 and (B) birthing people, especially those from underserved populations, 158 on their experiences and needs regarding doula support.

(b) Not later than February 1, 2026, the commissioner shall submit a
report, in accordance with the provisions of section 11-4a of the general
statutes, to the joint standing committee of the General Assembly
having cognizance of matters relating to public health regarding the
findings and recommendations of the study conducted by the advisory
committee pursuant to subsection (a) of this section.

This act shall take effect as follows and shall amend the following sections:

Section 1	from passage	New section
Sec. 2	October 1, 2025	New section

Sec. 3	from passage	New section

Statement of Purpose:

To (1) establish a task force to study perinatal mental health care, (2) establish a report card for birth centers and hospitals providing maternity care, and (3) require the Commissioner of Public Health to convene an advisory committee to study doula-friendly practices in hospitals.

[Proposed deletions are enclosed in brackets. Proposed additions are indicated by underline, except that when the entire text of a bill or resolution or a section of a bill or resolution is new, it is not underlined.]