## OFFICE OF LEGISLATIVE RESEARCH PUBLIC ACT SUMMARY



PA 25-76—sHB 7081 Public Health Committee

## AN ACT CONCERNING LICENSURE PORTABILITY FOR MARRIAGE AND FAMILY THERAPISTS

**SUMMARY:** This act generally allows the Department of Public Health (DPH) to grant a license, without examination, to marital and family therapists (MFTs) licensed or certified in other U.S. states, territories, or commonwealths. Under prior law, (1) DPH could do so only if the other jurisdiction's licensure standards were equivalent to or higher than Connecticut's (see BACKGROUND) and (2) applicants licensed in jurisdictions whose standards did not meet that threshold could substitute three years of work experience for the supervised practicum or internship and postgraduate experience generally required for licensure here. (Under the act, the condition in (1) above continues to apply to MFT associates seeking licensure without examination.)

Under the act, as under prior law, (1) these MFT licensure applicants must pay the same initial application fee (\$200) as other applicants and (2) for DPH to grant a license under these circumstances, there must be no pending disciplinary actions or unresolved complaints against the applicant. (PA 25-168, § 429, eliminates the \$200 fee for all MFT licensure applicants.)

The act also makes technical changes. EFFECTIVE DATE: October 1, 2025

## BACKGROUND

## MFT Licensure Criteria

By law, to get an MFT license in this state, applicants generally must:

- 1. complete a graduate degree program specializing in marital and family therapy, or postgraduate clinical training program, that meets certain accreditation requirements;
- 2. complete a supervised practicum or internship with emphasis in marital and family therapy supervised by their degree program or by an accredited postgraduate clinical program;
- 3. complete 24 months of relevant postgraduate experience, including (a) 1,000 hours of direct client contact meeting certain criteria and (b) 100 hours of postgraduate clinical supervision by a licensed MFT; and
- 4. pass a DPH-prescribed examination.