



General Assembly

February Session, 2026

Raised Bill No. 5389

LCO No. 2186



Referred to Committee on PUBLIC HEALTH

Introduced by:
(PH)

AN ACT CONCERNING A PROVIDER TOOLKIT FOR THE DIAGNOSIS AND TREATMENT OF MENOPAUSE, PERIMENOPAUSE AND POSTMENOPAUSE.

Be it enacted by the Senate and House of Representatives in General Assembly convened:

1 Section 1. (NEW) (*Effective October 1, 2026*) (a) The Department of
2 Public Health, in consultation with The University of Connecticut
3 Health Center's Health Disparities Institute, shall develop a toolkit that
4 provides practical, evidence-based and culturally appropriate guidance
5 to health care providers in the state who are responsible for diagnosing
6 or treating persons with symptoms of menopause, perimenopause or
7 postmenopause, as determined by the commissioner, including, but not
8 limited to, health care providers in the fields of obstetrics, gynecology,
9 internal medicine, family medicine, emergency medicine, psychiatry,
10 mental health, social work, dentistry, dental hygiene and community
11 health, regarding best practices for screening, identification, clinical
12 assessment, diagnosis and treatment of symptoms of menopause,
13 perimenopause and postmenopause. Such guidance shall include, but
14 need not be limited to, (1) a comprehensive description of the symptoms
15 of menopause, perimenopause and postmenopause, (2) evidence-based

16 guidelines regarding the identification and treatment of such
17 symptoms, including, but not limited to, the use of hormones, such as
18 hormone replacement therapy and testosterone therapy, (3) the
19 availability of insurance coverage for such therapies, and (4) short
20 education modules regarding such guidance that would qualify as
21 continuing education for such health care providers.

22 (b) Not later than January 1, 2027, the Commissioner of Public Health
23 shall distribute the toolkit developed pursuant to subsection (a) of this
24 section to such health care providers.

This act shall take effect as follows and shall amend the following sections:		
Section 1	<i>October 1, 2026</i>	New section

Statement of Purpose:

To require the development and distribution of a provider toolkit for the diagnosis and treatment of menopause, perimenopause and postmenopause.

[Proposed deletions are enclosed in brackets. Proposed additions are indicated by underline, except that when the entire text of a bill or resolution or a section of a bill or resolution is new, it is not underlined.]