



General Assembly

**Substitute Bill No. 5389**

February Session, 2026



**AN ACT CONCERNING A PROVIDER TOOLKIT FOR THE DIAGNOSIS AND TREATMENT OF MENOPAUSE, PERIMENOPAUSE AND POSTMENOPAUSE.**

Be it enacted by the Senate and House of Representatives in General Assembly convened:

1 Section 1. (NEW) (*Effective October 1, 2026*) (a) The Department of  
2 Public Health, in consultation with The University of Connecticut  
3 Health Center's Health Disparities Institute, persons who have  
4 experienced symptoms of perimenopause, menopause and  
5 postmenopause, and health care providers who treat persons with  
6 symptoms of perimenopause, menopause and postmenopause, shall  
7 develop a toolkit that provides practical, evidence-based and culturally  
8 appropriate guidance to health care providers in the state who are  
9 responsible for diagnosing or treating persons with symptoms of  
10 menopause, perimenopause or postmenopause, as determined by the  
11 commissioner, including, but not limited to, health care providers in the  
12 fields of obstetrics, gynecology, internal medicine, family medicine,  
13 emergency medicine, psychiatry, mental health, social work, dentistry,  
14 dental hygiene and community health, regarding best practices for  
15 screening, identification, clinical assessment, diagnosis and treatment of  
16 symptoms of menopause, perimenopause and postmenopause. Such  
17 guidance shall include, but need not be limited to, (1) a comprehensive  
18 description of the symptoms of menopause, perimenopause and

19 postmenopause, (2) evidence-based guidelines regarding the  
20 identification and treatment of such symptoms, including, but not  
21 limited to, the use of hormones, such as hormone replacement therapy  
22 and testosterone therapy, (3) the availability of insurance coverage for  
23 such therapies, and (4) short education modules regarding such  
24 guidance that would qualify as continuing education for such health  
25 care providers.

26 (b) Not later than June 1, 2028, the Commissioner of Public Health  
27 shall distribute the toolkit developed pursuant to subsection (a) of this  
28 section to such health care providers. Not later than January 1, 2029, the  
29 commissioner shall (1) evaluate any feedback received from such health  
30 care providers regarding the effectiveness of the toolkit, (2) revise the  
31 toolkit as necessary to address such feedback, and (3) distribute a  
32 revised toolkit, if any, to such health care providers.

This act shall take effect as follows and shall amend the following sections:		
Section 1	October 1, 2026	New section

**PH**      *Joint Favorable Subst.*