
OLR Bill Analysis

sHB 5389

AN ACT CONCERNING A PROVIDER TOOLKIT FOR THE DIAGNOSIS AND TREATMENT OF MENOPAUSE, PERIMENOPAUSE AND POSTMENOPAUSE.

SUMMARY

This bill requires the Department of Public Health (DPH) to develop a menopause toolkit that provides practical, evidence-based, and culturally appropriate guidance on best practices for screening, identifying, clinically assessing, diagnosing, and treating symptoms of perimenopause, menopause, or postmenopause. Under the bill, the toolkit is for Connecticut health care providers who diagnose or treat people with symptoms of these conditions, as the DPH commissioner determines, including those in the fields of obstetrics, gynecology, family medicine, internal medicine, emergency medicine, psychiatry, mental health, social work, dentistry, dental hygiene, and community health.

DPH must develop the toolkit in consultation with UConn Health Center's Health Disparities Institute, people who have experienced symptoms of these conditions, and providers who treat them.

The guidance must at least include:

1. a comprehensive description of the symptoms of perimenopause, menopause, and postmenopause;
2. evidence-based guidelines for identifying and treating these symptoms, including hormone replacement therapy and testosterone therapy;
3. available insurance coverage for the therapies; and
4. short education models on the guidance that qualifies as continuing education for these providers.

Under the bill, the DPH commissioner must distribute the toolkit to providers by June 1, 2028. She must then evaluate any provider feedback she receives on the toolkit's effectiveness, revise it to address this feedback, and distribute any revised toolkit to providers by January 1, 2029.

EFFECTIVE DATE: October 1, 2026

COMMITTEE ACTION

Public Health Committee

Joint Favorable Substitute

Yea 25 Nay 6 (03/09/2026)